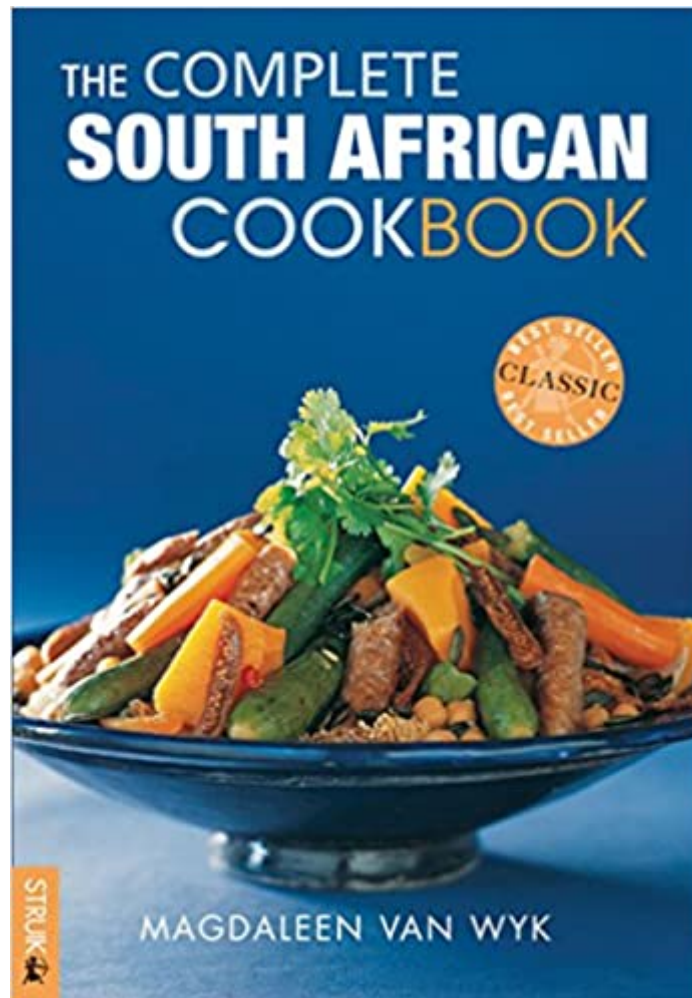




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The Complete South African Cookbook



Synopsis

Although this is the perfect book for a beginner, it is also an indispensable reference for the more experienced cook, offering more than 650 basic and easy-to-prepare recipes along with many tempting variations. There is a wonderful selection of hors d'œuvre, soups, fish and seafood, meat, poultry and game, as well as sauces, vegetables and vegetarian fare, salads and dressings, egg and cheese dishes, desserts, cakes, breads and pastries, confectioneries, and preserves.

Book Information

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Average Customer Review: 4.1 out of 5 stars 16 customer reviews

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Customer Reviews

Magdaleen van Wyk, a dietician and former lecturer in the Department of Consumer Science and Human Nutrition at the University of Stellenbosch, is well known for her flair and imaginative use of fresh ingredients and has a sound base for her cookery writing with a range of postgraduate qualifications in dietetics and nutrition.

Love this book, it was in great condition and the author took the time to include the conversion of measurements like we use here statewide. Therefore ensuring that I use the correct amount of ingredients.

This is a wonderful Cookbook and I have used a number of her recipes. The recipe for homemade Boerewors is a go-to in our home when it comes to sausage making. I would have loved to have seen photos of some of the finished dishes which is why I did not rate it 5 stars.

This book doesn't have a lot of traditional South African food. It was simply a cookbook created for use in the South African kitchen with recipes from all over the world. I've found the book to be helpful since there are wonderful recipes that are easily explained. If you're looking for a traditional South African cookbook, look for Van Wyk's other cookbook called "Traditional South African Cooking." I still recommend this book for the reasons stated previously.

I have tried a few recipes from this book and so far they have worked out great as of yet have not encountered a problem and I would recommend this to anyone married to a South African or have had a trip there. The food is good for a memory.

Great

Excellent book very well laid out and great recipes

Bought for my brother and his South African wife, but found out they already had it and was used regularly. My mother started paging through it and decided SHE wanted to have it.

As a transplanted South African, I regularly give this book as a gift - giving people a 'taste' of my home country. The recipe's are easy to follow. A nice way to share my culture.

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